

# Technical Briefing Document



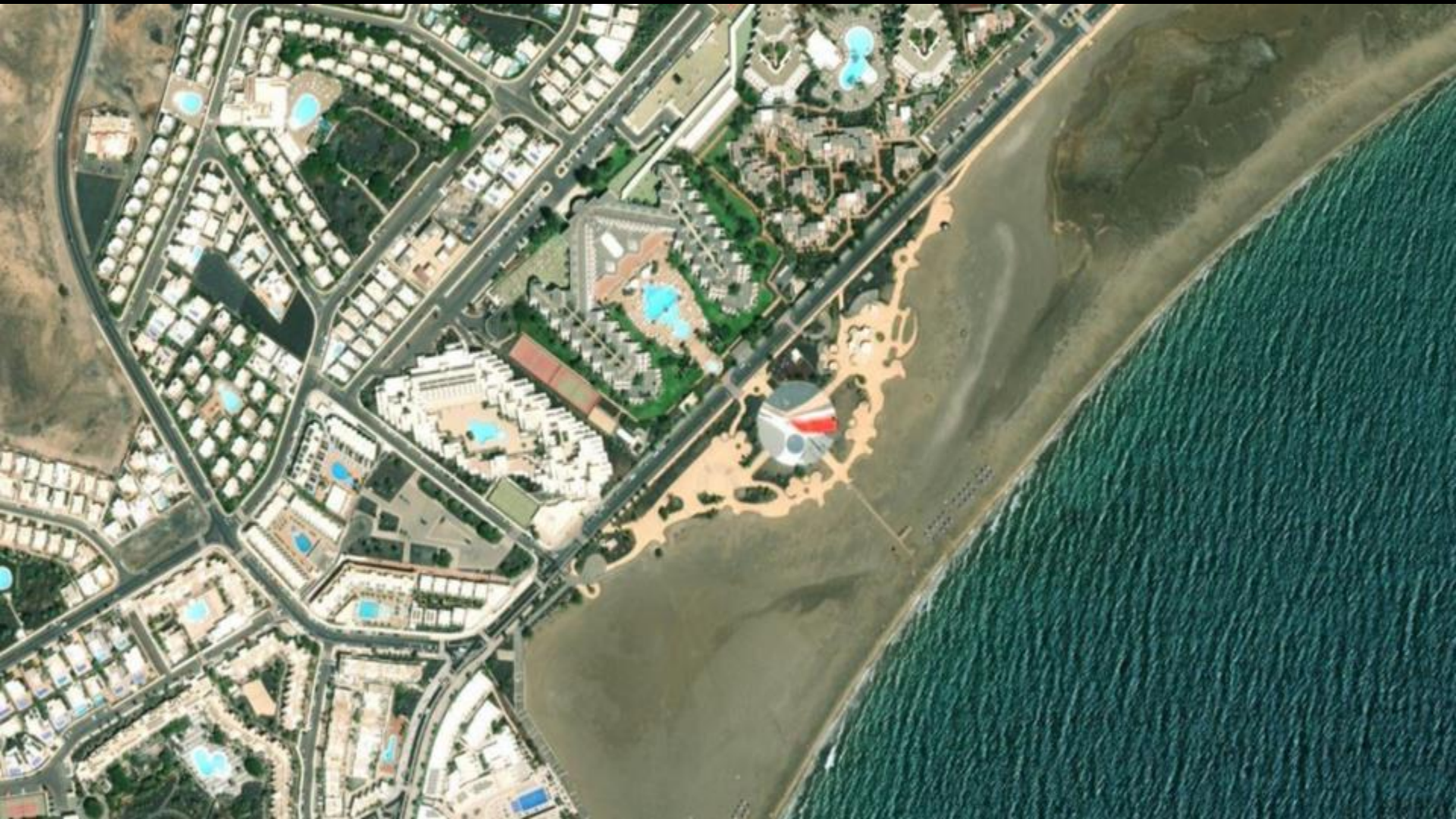
# Technical Briefing Document

## OCEANLAVA 2025

Youth Aquathlon Event  
25th October 2025

# VENUE: PUERTO DEL CARMEN

## PLAZA DE LAS NACIONES



- **Technical Delegate: María Betancort Cabrera**
- **Head Referee: Kevin Trujillo Rodríguez**
- **Race Director: Jose María García**

# DISCIPLINE AND DISTANCES

## DISCIPLINE:

**Aquathlon (Run-Swim-Run)**

## DISTANCES:

|                    | <b>RUN</b>   | <b>SWIM</b>  | <b>RUN</b>   |
|--------------------|--------------|--------------|--------------|
| <b>Prebenjamín</b> | <b>125 m</b> | <b>50 m</b>  | <b>125 m</b> |
| <b>Benjamín</b>    | <b>250 m</b> | <b>100 m</b> | <b>250 m</b> |
| <b>Alevín</b>      | <b>500 m</b> | <b>200 m</b> | <b>500 m</b> |

**Courses to be confirmed on race day.**

# BIB COLLECTION

**- The race bib will be distributed on Friday, 24th,  
during the following hours: 10:00-13:00 and 16:00-20:00**

## SATURDAY, 25TH OCTOBER

9:15 Call Room

9:30 Prebenjamín Start

9:45 Benjamín Start

10:00 Alevín Start

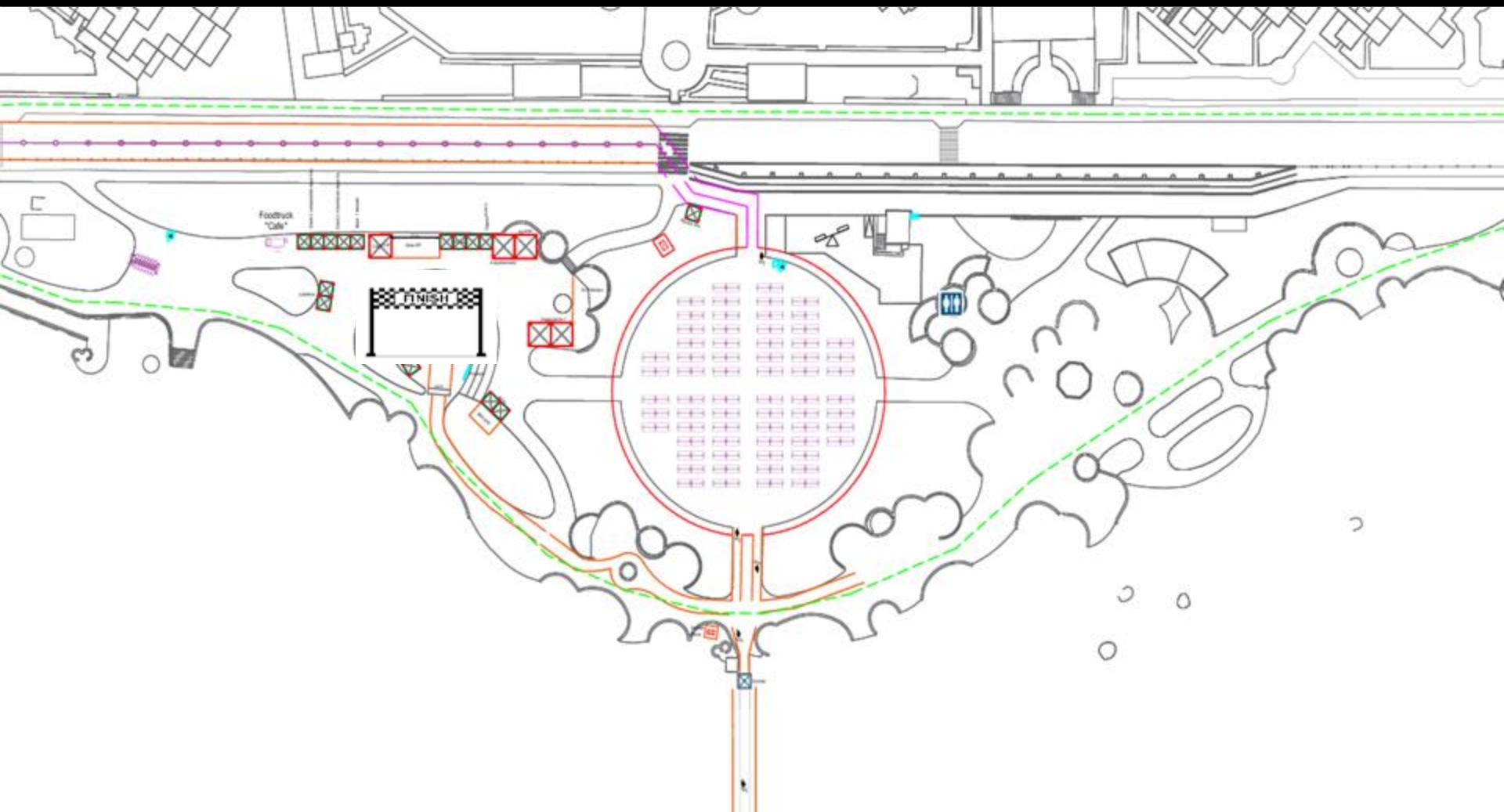
# PRE-START PROCEDURE

- Call Room: 15 minutes before the start.
- Officials will position the athletes on the start line.
- The start may be given at any time after the Head Referee announces “On your marks”.
- A gas horn or whistle will be used to start the race, depending on the athlete’s preference.

# TRANSITION AREA

- Prebenjamín and Benjamin athletes may run the running segments with their swim cap and goggles on.
- Alevín athletes may not run the running segments wearing their swim cap and goggles.
- Athletes must leave their race bib and shoes in the transition area before starting the swim segment.

# FINISH LINE



# POST-FINISH PROCEDURE

- Refreshment area for athletes.
- Medal presentation for all participants in the competition.

**¡¡GOOD LUCK!!**