

TECHNICAL BRIEFING DOCUMENT



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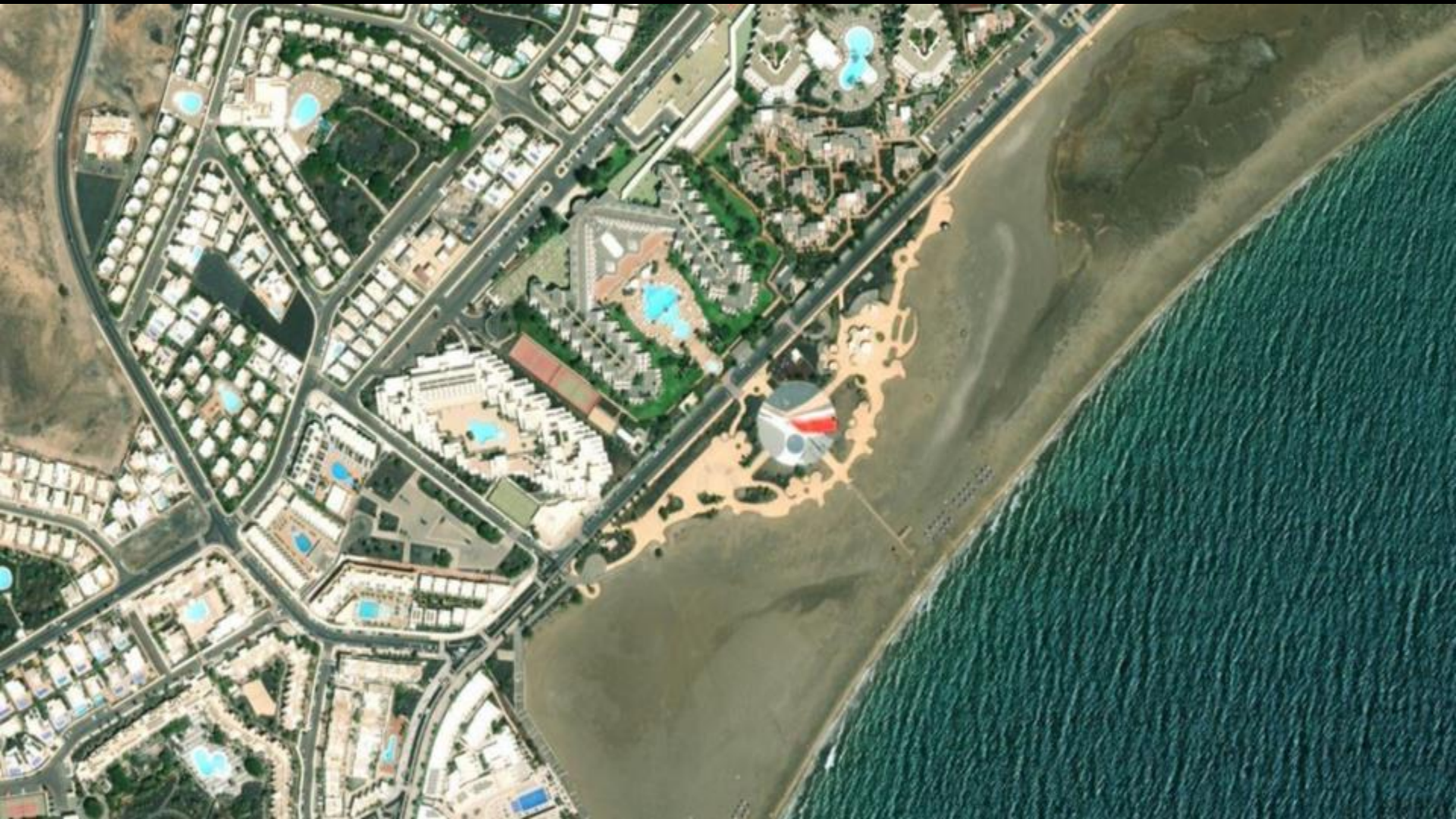
OCEANLAVA 2025

**SUPERSPRINT
OLYMPIC
OLYMPIC RELAY**

25th October 2025

VENUE: PUERTO DEL CARMEN

PLAZA DE LAS NACIONES



PRESENTATIONS

- **Technical Delegate: María Betancort Cabrera**
 - **Head Referee: Kevin Trujillo Rodríguez**
 - **Race Director: Jose María García Riolobos**

COMPETITION JURY

COMPETITION JURY

- President : **María Betancort Cabrera**
- **FECANTRI representative: Optional during the race**
- **LOC representative: Jose María García**

DISCIPLINE AND DISTANCES

DISCIPLINE: SUPERSPRINT and OLYMPIC TRIATHLON
(Swim-Bike-Run)

SUPERSPRINT: 400m – 11km – 2,5 km

OLYMPIC: 1500m – 40km - 10km

BIB COLLECTION

- The race pack and bib will be distributed on Friday, 24th, during the following hours:
10:00 – 13:00 and 16:00 – 20:00.
- Bib collection on Saturday, 25th, will only be allowed for authorized athletes from
06:00 – 07:15.
- The Technical Meeting (TM) briefing will take place on Friday, 24th at **19:00** at Plaza de Las Naciones.

RACE SCHEDULE

SATURDAY, 25th OCTUBER

6:00–7:30 Area Opens

7:45 Call Room

8:00 Men's Olympic Start

8:03 Women's Olympic Start & Relays (30 sec after Women's Start)

8:10 Men's Supersprint Start

8:13 Women's Supersprint Start

12:00 Award Ceremony

EQUIPMENT CHECK

The equipment check will take place in the Transition Area:

- Teams must perform the equipment check at the same time.
- ID / Passport or License must be shown.
- Officials will inspect the helmet (front and left-side sticker), race bib, and bicycle (seatpost sticker).
- Only equipment to be used during the race may be left; all other items must be removed.
- Bag drop / cloakroom service will be available.

PRE-START PROCEDURE

- Call Room: 15 minutes before the start.
- Officials will position the athletes on the star line.

START PROCEDURE

- The start will be given at any time after the Headd Referee announces “On your marks”.

- A gas horn will be used to start the race.



VOID START PROCEDURE

If an athlete starts before the official start signal (horn), they will receive a **10-seconds penalty in T1.**

TRANSITION AREA

- Only equipment to be used during the race may be left in the Transition Area.
- On the bicycle, athletes may leave their shoes, helmet, and race bib.
- After completing each segment of the race, all used equipment must be placed in the basket assigned to each athlete: no items may be left outside the basket.

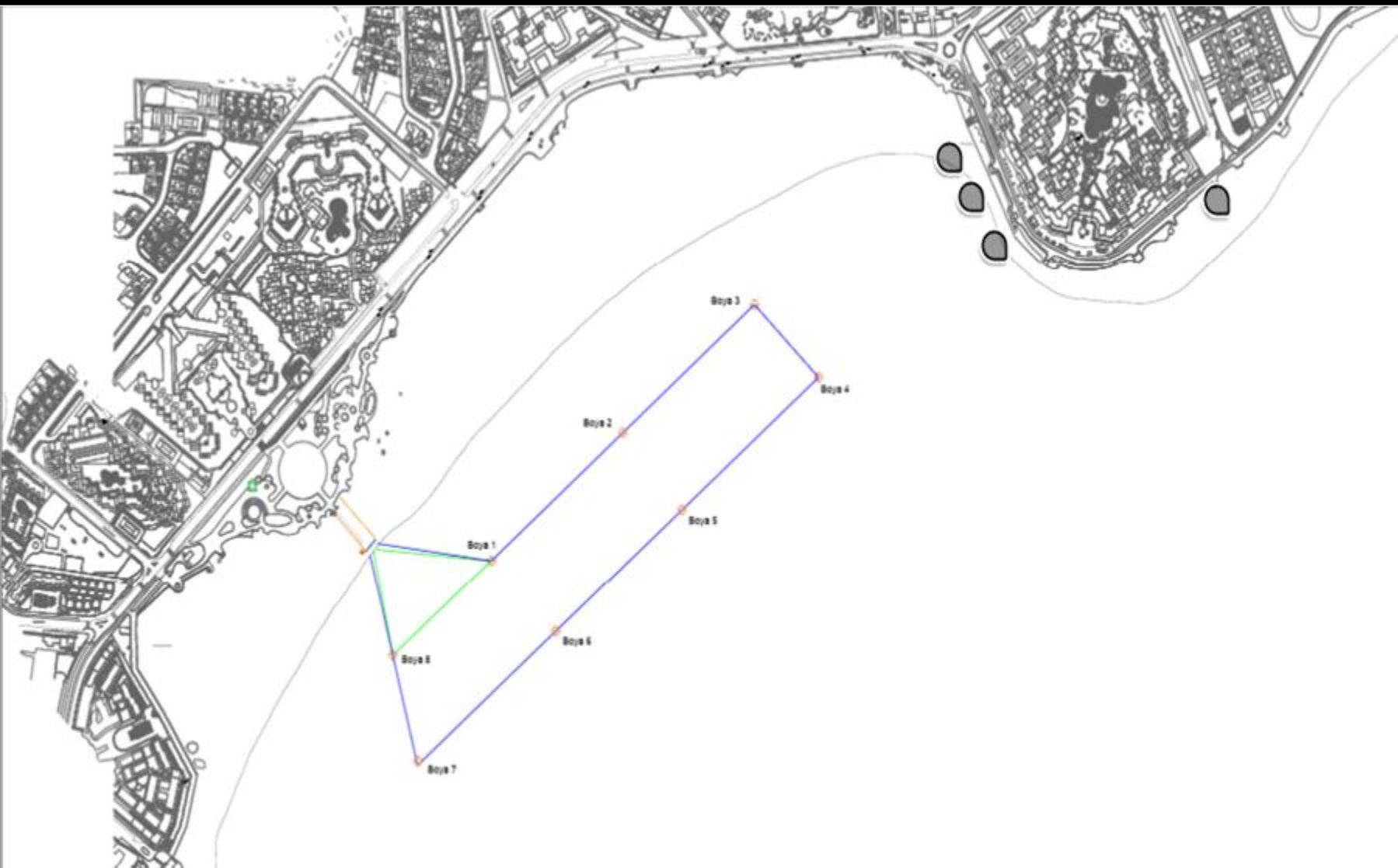
OLYMPIC COURSE

- **Swim: 1 lap of 1500 meters.**
- **Bike: 3 laps of the circuit until completing 40km.**
- **Run: 2 laps of the circuit until completing 10km.**

OLYMPIC CUT-OFF TIMES

- **Swim Cut-Off Time: Masculino: 9:15h.**
• **Femenino: 9:18h.**
- **Bike Cut-Off Time: Masculino: 11:15h.**
• **Femenino: 11:18h.**
- **Run Cut-Off Time: Masculino: 12:45h.**
• **Femenino: 12:48h.**

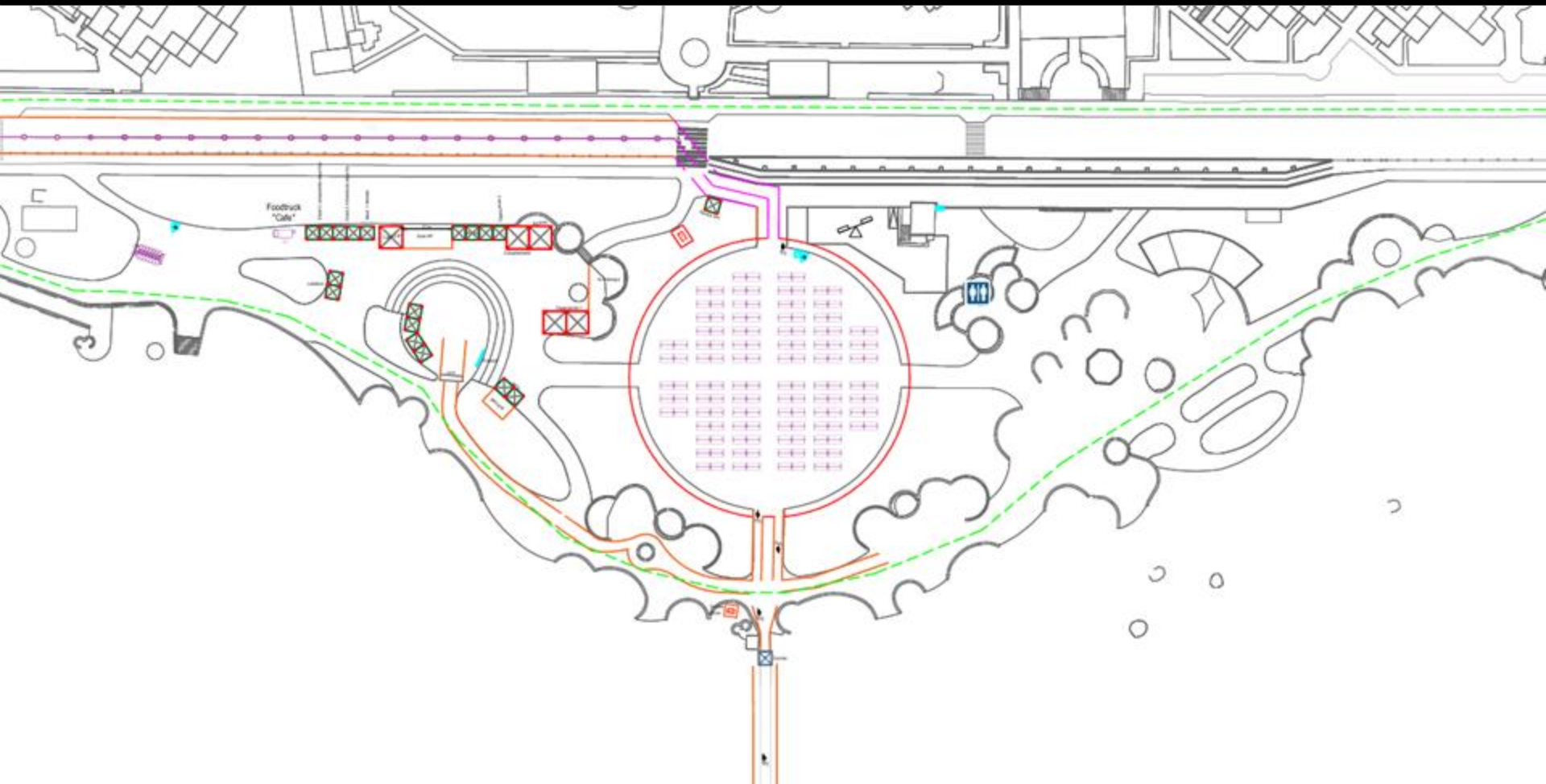
OLYMPIC SWIM COURSE



OLYMPIC SWIM COURSE

- 1 lap of 1500 meters.
- Swim will start to the left of the course, leaving the first buoy on the left.
- All course buoys must be kept on the right.
- The last buoy must be kept on the right when exiting the swim course.

TRANSITION AREA



TRANSITION 1

- Direct transition.
- All swim equipment must be placed inside the athlete's basket.

OLYMPIC BIKE COURSE

- Circuito de 3 vueltas hasta completar los 40 km. 3 lap circuit until completing 40km.
- The road will be closed to traffic.
- Drafting is allowed (aero bars are not permitted).

OLYMPIC BIKE COURSE

Start from the Transition Park via Avenida de las Playas towards Calle Noruega, ascend Calle Noruega until joining LZ – 40. Once on LZ – 40, head in the direction of the airport until the turnaround point. After the turnaround, proceed towards the Toro roundabout and make a turn at the second turnaround point. Upon reaching the exit at Rancho Texas roundabout (Calle Noruega), take the exit to return via Calle Noruega and Avenida de las Playas to the Transition Park.



TRANSITION 2

- **Transition with compensation lane.**
- **All cycling equipment must be placed inside the basket; cleats may remain on the bicycle.**

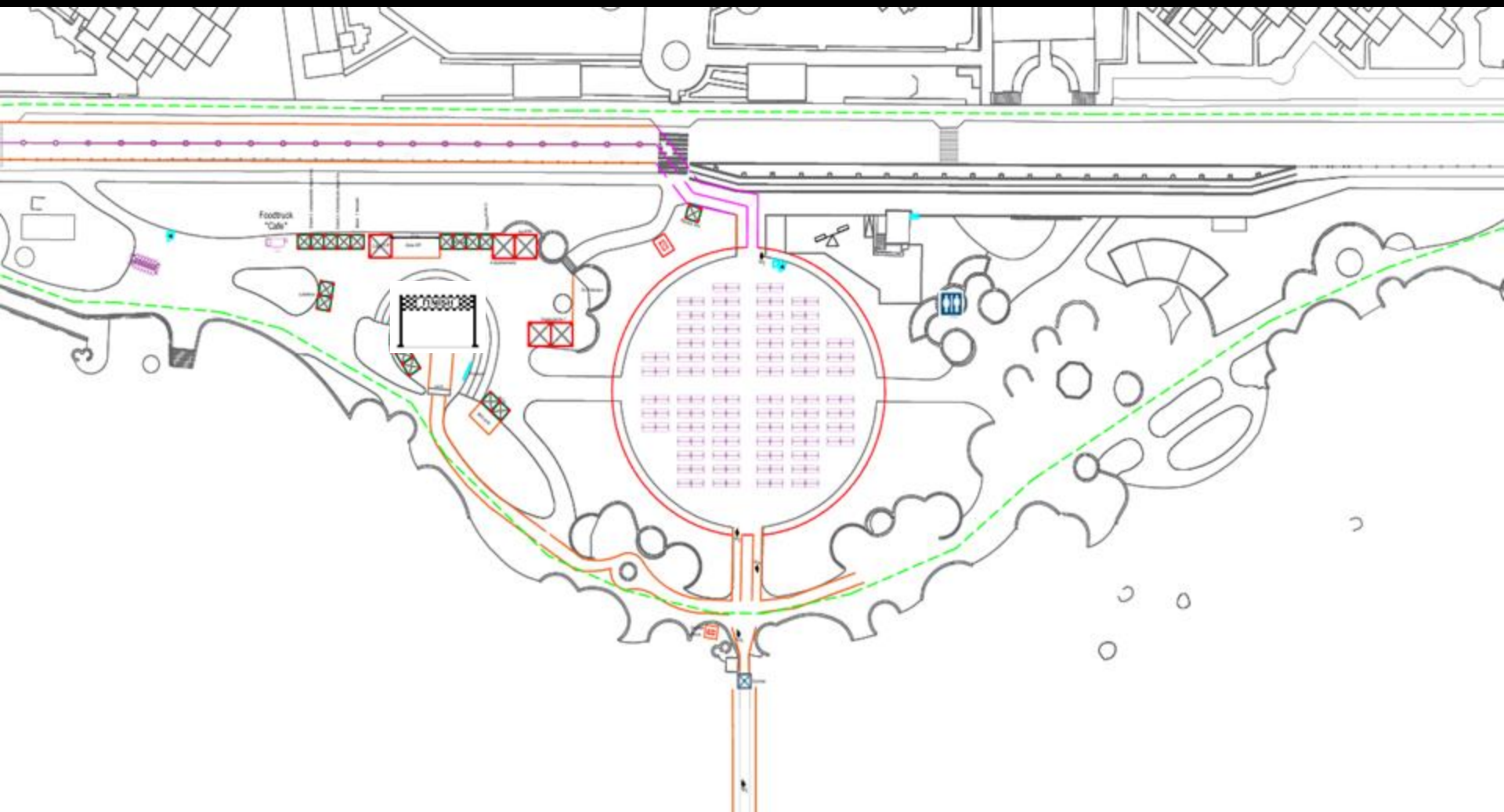
OLYMPIC RUN COURSE

- . 2-lap circuit to complete a 10 km course along Avenida de Las Playas.**
- . Start heading towards Hotel Beatriz Playa, turn in front of the hotel, and return to the second turnaround point before the finish. Second pass by the Hotel Beatriz Playa turnaround point and proceed to the finish line.**

OLYMPIC RUN COURSE



FINISH LINE



POST – FINISH PROCEDURE

- Refreshment area.**
- Massage service.**
- The award ceremony will take place after the completion of the race.**
- Athletes must comply with the regulations during the award ceremony by attending properly dressed in their official uniform.**

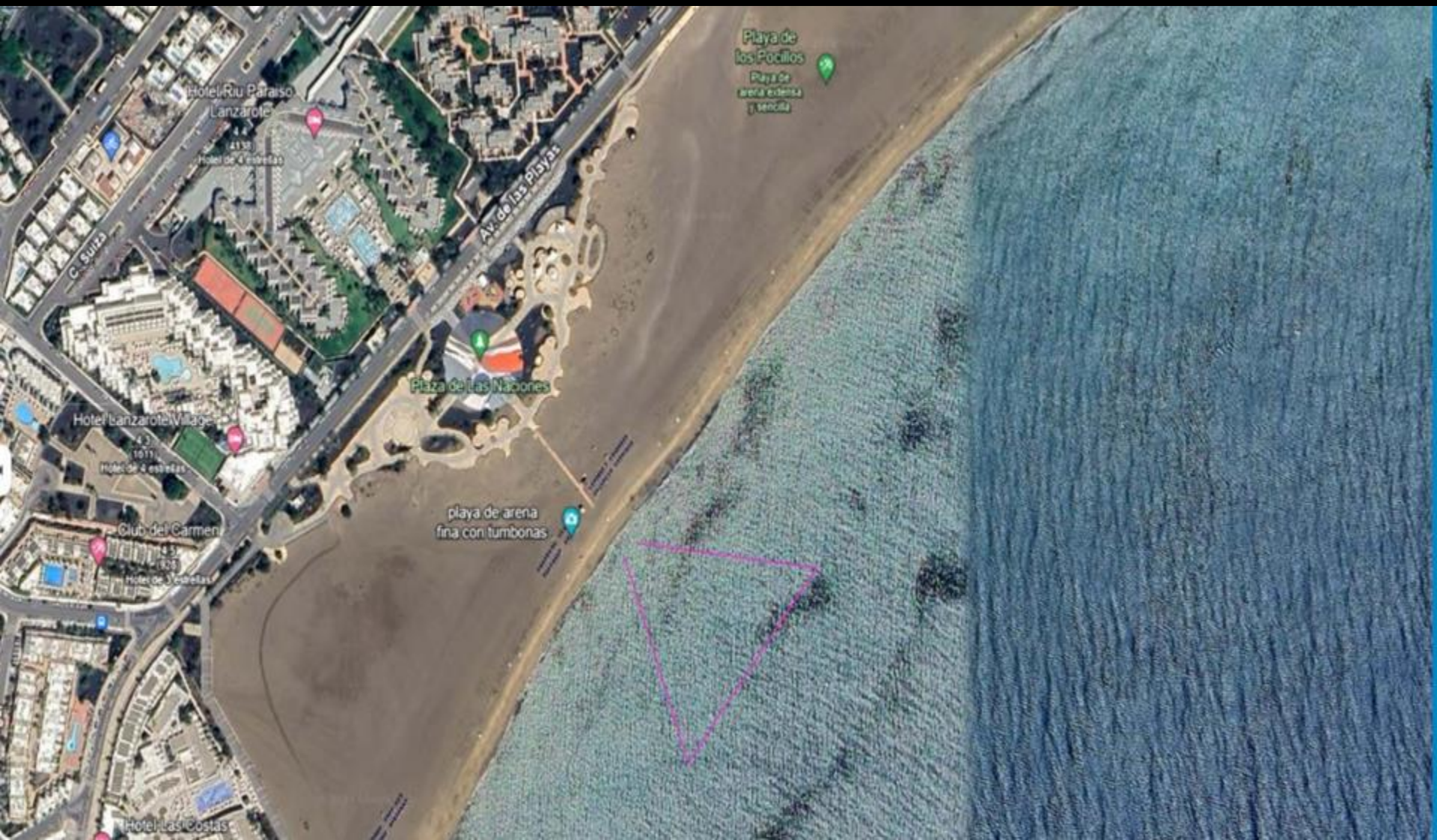
SUPERSPRINT COURSE

- . Swim: 1 lap of 400 meters.**
- . Bike: 1 lap of 11 km.**
- . Run: 1 lap of 2,5 km.**



- **Swim Cut-Off Time:** Male: 8:25h.
- Female: 8:28h.
- **Bike Cut-Off Time:** Male: 9:00h.
- Female: 9:03h.
- **Run Cut-Off Time:** Male: 9:20h.
- Female: 9:23h.

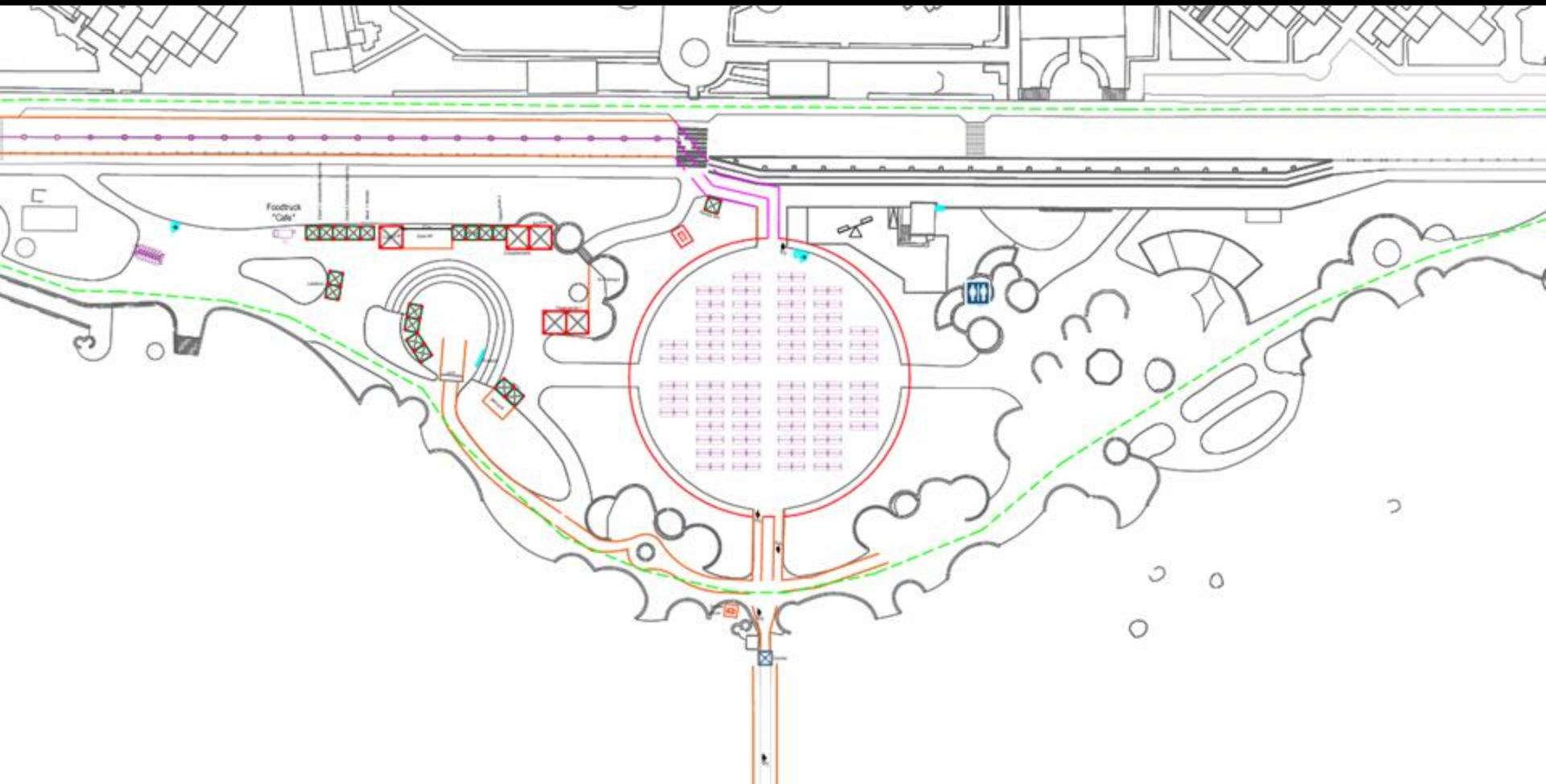
SUPERSPRINT SWIM COURSE



SUPERSPRINT SWIM COURSE

- 1 lap of 400 metros.
- All buoys must be kept on the right.

TRANSITION AREA



TRANSITION 1

- Direct transition.
- All swim equipment must be placed inside the athlete's basket.

SUPERSPRINT BIKE COURSE

- . 1-lap to complete 11 km.**
- . The road will be closed to traffic.**
- . Drafting is allowed (aero bars are not permitted).**

SUPERSPRINT BIKE COURSE

Start from the Transition Park via Avenida de las Playas towards Calle Noruega, ascend Calle Noruega until joining LZ – 40. Once on LZ – 40, head towards the airport until the turnaround point. After the turnaround, proceed towards the Toro roundabout and make a turn at the second turnaround point. Upon reaching the exit at Rancho Texas roundabout (Calle Noruega), take the exit to return via Calle Noruega and Avenida de las Playas to the Transition Park.

SUPERSPRINT BIKE COURSE



TRANSITION 2

- Transition with compensation lane.
- All cycling equipment must be placed inside the basket; cleats may remain on the bicycle.

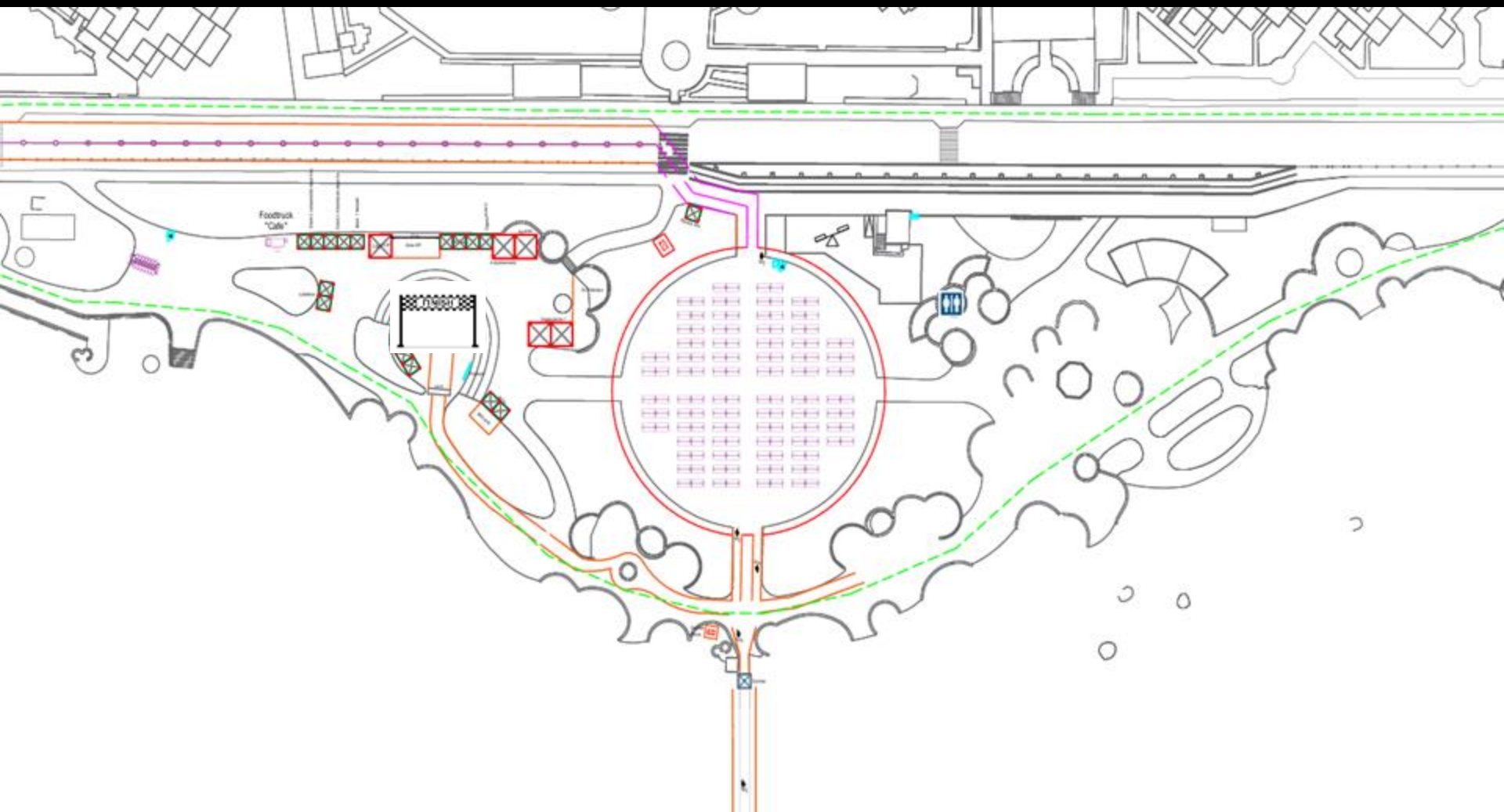
SUPERSPRINT RUN COURSE



SUPERSPRINT RUN COURSE

- . 1-lap circuit to complete 2.5 km.**
- . Start heading towards Hotel Beatriz Playa, continue to the turnaround point located in front of Restaurante El Molino. Return along the opposite lane to the start direction until reaching the finish line.**

FINISH LINE



POST-FINISH PROCEDURE

- Refreshment area.
- The award ceremony will take place after the completion of the race.
- Athletes must comply with regulations during the award ceremony by attending properly dressed in their official uniform.

¡¡GOOD LUCK!!