



# REGULATION 2022

## **ANNEX I. DISCLAIMER OF LIABILITY**

1. I am aware of and fully accept the Rules and Regulations, published on the website [www.oceanlavalanzarote.com](http://www.oceanlavalanzarote.com).

2. I participate voluntarily and solely on my own responsibility in this sporting event. I hereby release the Organization, collaborators, sponsors or other participants from any liability and agree to collaborators, sponsors or other participants and I agree not to report them in case of any physical or material damage. I agree not to denounce them in case of any physical or material damage. Likewise, for security reasons and only in the case that the race organization deems it appropriate, I agree to install in my mobile device a geolocation application during the course of the race to know my exact location.

3. I am a physical, mental and sufficiently prepared person for the realization of this sport competition without suffering from any illness, physical defect or injury that would prevent my participation in this event or that may be aggravated as a result of the celebration of the same.

4. I undertake to maintain a responsible behavior that does not increase the risks to my physical or psychological integrity, so that if during the competition I suffer any type of injury or any other circumstance that could harm my health, I will immediately contact the Organization.

5. I am aware of the additional risk involved in the fact that this sporting competition is held outdoors. Therefore, I attend of my own free will and initiative, assuming all risks and the consequences of my participation.

6. I accept with my participation, that in case of any eventuality medical assistance may take time to reach the point where it is located, since the route is closed to traffic and includes areas difficult to access for rescue vehicles. These conditions make it difficult for medical assistance teams to operate.

7. I agree to follow the general guidelines of respect for the environment contained in the official regulations of this event.

8. I have all the sports equipment required by the Organization, and I guarantee that it is in good condition. I know how to use it properly and I will wear it the entire course, regardless of the type of competition in which I participate.

9. Likewise, I admit that I am the only person responsible for my possessions and sporting equipment during the race, as well as for its parallel activities.

10. I will follow all the instructions and abide by all the decisions of the persons responsible for the organization (referees, medical staff, etc.) concerning safety and organizational aspects of the race.



## REGULATION 2022

11. I authorize the health services of the race to perform the diagnostic tests I may need. Likewise, I agree to leave the competition at the same moment in which these health services deem it necessary for my physical integrity.

12. I accept that the sporting measures set out above are without prejudice to other responsibilities that could be assumed before the competent authorities as a result of conduct or behavior of non-observance or non-compliance of the orders and instructions that are applicable, either in the sporting field, or in other different fields.

13. I authorize the free use of my personal data and any image of my person by the race organizers and insurance companies, sponsors and collaborators obtained during my registration and participation in the race in any support for logistical, journalistic or promotional purposes of the event, in the media, web pages or social networks.